Special Olympics Maryland Area Memo July 5, 2019



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Welcome

Welcome to the July 5, 2019 edition of the SOMD Area Memo!

If there are any members of your Area's leadership who are not currently receiving the Area Memo, please send their names and email address to dweddle@somd.org to have them included in future distributions.

(NEW) Intro to Athlete Leadership Webinar via Zoom

<u>WHAT:</u> We are hosting a Intro to Athlete Leadership Webinar via Zoom meeting. Maybe you are new to athlete leadership or unsure of exactly what leadership means. Get all the facts in this short webinar and start your journey into leadership

WHEN: Jul 15, 2019 06:00 PM Eastern Time (US and Canada)

Register in advance for this meeting:

https://somd.zoom.us/meeting/register/204edcbf81f2691ec5b9141539e44ee6

After registering, you will receive a confirmation email containing information about joining the meeting.

<u>WHO</u>: Interested athletes, Unified partners, parents, caregivers. Really anyone who wants to become more familiar with leadership.

(NEW) Area Leader Meeting & Webinar

Below are registrations for the upcoming Area Leader Webinar (7/15) and Meeting (7/20). Please register so we can make arrangements for space and food.

Date	Event/ Webinar	Description	Registration
7/15 7:00-9:00pm	Area Leader Webinar	Standard Presentation before the Area Leaders . meeting. This meeting has been MOVED to Monday, 7/15 based on other state meetings taking place on Tuesday, 7/16.	https://attendee. gotowebinar.com /register/110764 096527173122
7/20	Area Leader Meeting		https://www.sur veymonkey.com/ r/WGQLWDQ

(NEW) Ravens Training Camp

The Baltimore Ravens have invited Special Olympics Maryland Athletes to attend their Training Camp again this season to watch! This opportunity is open to only 45 Athletes and a few chaperone spots. Athletes will be selected based on previous years' attendance and those that do not need 1 on 1 supervision will have first priority. Registration will close on Tuesday, July 23rd with an email going out the next day to those selected.

Register Here

(NEW) Trike Donation

A family of an athlete from Anne Arundel County has offered up a trike in good condition to a program that is in need of one. They have said it is in good condition and is available for pick-up whenever someone would like. If you are interested in this please email Zach Cintron (zcintron@somd.org) and you will be connected with the family to coordinate a pick-up.

(NEW) Upcoming Coach Education

Please share the following dates with your coaching teams for on-line and in-person coach trainings.

Date	Course/Sport	Facility	Time
	Cycling Coaches Training	Online	
6/29/2019	Golf In-Person Coaches Training	Hillendale Country Club- Phoenix	10:00am-12:00pm
7/9/2019	Soccer "Master Coaches" Training Webinar	Webinar	7:00pm-9:00pm
7/11/2019	Flag Football Coaches Training Webinar	Webinar	7:00pm-9:00pm
7/14/2019	Tennis In-Person Coaches Training	JTCC- College Park, MD	3:00 - 4:30 p.m.
7/27/2019	Coaching Special Olympics Athletes	SOMD Headquarters	9:30 a.m 1:00 p.m.
7/28/2019	Flag Football In-Person Coaches Training	Emerald Farms Park- Frederick	10:00am-1:00pm
8/4/2019	Bowling In-Person Coaches Training*	Bowl America Gaithersburg	10:00am-2:00pm
8/17/2019	Coaching Special Olympics Athletes	SOMD Headquarters	9:30 a.m 1:00 p.m.

Protective Behaviors Training

Shortly before Summer Games, SOI made a change to how the protective behaviors certification will be handled online. As you know, protective behaviors certification is required for all Special Olympics volunteers.

In short, the online protective behaviors certification will now be exclusively available via the new Special Olympics Learning Portal (https://learn.specialolympics.org/); the existing links to protective behavior certification will take the user to the SO Learning Portal (i.e., those links still work and take you to the new location).

The training can be accessed once one creates a user account. A complete step-by-step how-to is available at https://resources.specialolympics.org/protective-behaviors or watch a step-by-step video created by Melissa Kelly at http://bit.ly/2IJ6DmC. If you have any questions or concerns, please email learn@specialolympics.org (for technical questions on using the SO Learning Portal) or coaches@somd.org (for Qs on protective behavior certification and SOMD).

As noted in the above table of upcoming webinars and events, SOMD will be hosting a short webinar for Area leaders on this new process. This will also be discussed at the Area Leader Meeting on July 20.

Coaching Special Olympics Athletes – Looking For Prospective Instructors From Areas

Coaching Special Olympics Athletes is an exceptional course, and in the new Coach Sport Certification Model, it is a required course for virtually all coaches in community programs. While offered as both a live and an online course, it is much better as a live course with a great deal of interaction among the prospective coaches. To continue to offer this course live, we need additional instructors.

We will be hosting a Train-the-Trainer session for the Coaching Special Olympics Athletes (CSOA) course on Saturday, August 3, 2019, at SOMD HQ. This is a day-long course (9:00 a.m. – 5:00 p.m.) and will prepare up to 20 Area coaches and leaders to present the CSOA course throughout the state. We will be making some direct invitations from HQ, and we would like to have Areas nominate additional individuals so the CSOA course can be offered live throughout the state and as often as is needed for all SOMD coaches to be able to complete it and a convenient location.

Requirements for prospective trainers are as follows:

- Must be nominated by their Area Director
- Must have significant experience as a sports coach of individuals with intellectual disabilities (5+ years)
- Must commit to taking/retaking the online version of CSOA <u>during the three weeks prior</u> to the live session on August 3 (SOMD will reimburse the course fees from HK)
- Must commit to presenting CSOA class a minimum of three times per year either as an individual instructor or co-presenter (typically in their "region" of the state).
- Must agree to follow all guidelines and requirements for CSOA courses
- Must be a prime representative of the ideals and ethics of coaching
- Must consistently represent Special Olympics and SOMD in a positive and professional manner

Nominations will only be accepted by Area Directors and will be accepted through the following survey link: https://www.surveymonkey.com/r/CSOA_T3_2019Q3. Nominations will be accepted through Tuesday, July 23, 2019. Nominees will be informed of their status for the course no later than Thursday, July 25 (sooner if nominations are made prior to the July 23 deadline).

<u>Coaching Special Olympics Athletes – 2 New HQ Hosted Live Sessions</u>

SOMD will be hosting two live Coaching Special Olympics Courses at SOMD Headquarters during July and August 2019. Coaching Special Olympics Athletes is a core course for all Special Olympics Coaches in the new Coach Education and Development System. To ensure maximum interaction among participants, the classes will each be limited to a maximum of 25 registrants. Both sessions are provided free of charge.

Saturday, August 17, 2019, 9:30 a.m. – 1:00 p.m.

To register for either course, coaches and prospective coaches can use the following link: https://www.surveymonkey.com/r/CSOAQ3.

Golf Season - Special Olympics Maryland

Golf season is here! Please make sure to check the Sports Calendar for information pertaining to the Area/County Qualifying Golf Competitions leading up to the State Championships. Reminder that each participating Area/County Program should host at least one competition during the season, and please make sure to submit a Sanction Form for the competition. The Sanction Forms can be submitted to Steve Bennett at: sbennett@somd.org

Information will be communicated relating to the registrations for these competitions at a later date.

2019 Rockfish Open

Be a part of the most rewarding Rockfish Tournament in the state of Maryland! Join Special Olympics Maryland at one of our two locations for the 2019 Maryland Rockfish Open on Saturday, October 26th and help support the 8,033 athletes of Special Olympics Maryland.

We have a new location this year: Sunset Cove

Please see link to the 2019 Rockfish Open website: https://give.classy.org/2019rockfishopen

July Athlete Leadership Trainings

• Saturday July 20th, 2019 "Beginner Global Messenger" (9am-3pm) LIMIT 10

The Beginner Global Messenger is part of the Athlete Leadership Program (ALPs) and the first step in becoming certified as a full Global Messenger which may open opportunities nationally and globally. Special Olympics Athlete Leadership Programs allow athletes to explore opportunities in roles previously considered "non-traditional." Such participation might come in the form of an athlete serving on the Board of Directors or local organizing committee; or it might find an athlete as a spokesperson, coach or official.

Global Messenger Beginner Course – to provide training and presentation skills for athletes interested in representing Special Olympics Maryland and Special Olympics athletes in formal or support settings.

- Saturday July 20th, 2019 "Technology: Leadership in your hand-Using Smart Phones (9am-12pm) LIMIT 8 If you have a smart phone you have a lot of computing power in your hands every day. This course will show you how to use your smart phone and some key FREE apps that can enhance your leadership skills and experiences.
- Saturday July 20th, 2019 ADVANCED SPEECH WRITING TRAINING Creating a new themed speech (1pm-5pm). LIMIT 8

(This course is for athletes who have completed the Beginner Global Messenger Course.)

Many of you have been giving speeches for the last number of years. Your speeches have been centered around a certain theme of who you are as an athlete. Like a description of who you are. And they have been so great.

We are going to help you identify the next theme you can are passionate about and write a new 3-10 minute speech that will carry you to the next level.

• Sunday July 21st, 2019 "Special Olympics Health Messenger Training" (9am-5pm) LIMIT 12

A Health Messenger is a Special Olympics athlete who has been trained to serve as a health and wellness leader, educator, advocate and role model within their Special Olympics community or the community at

large. The Health Messenger program is empowering athletes to: develop healthy lifestyles; influence other athletes to lead healthier lives; advocate within their communities for inclusion around health and wellness services, education and resources; and develop leaders to advocate for the health needs of people with Intellectual Disabilities.

• Sunday July 21st, 2019 (10am-1pm) "How to make videos" LIMIT 10

Doesn't matter if you have a video camera or you are creating videos on your phone. This course will teach you the basics in creating good simple videos. After we talk about some techniques we will go out and practice making videos so you can apply the skills you learned right away. We will teach you how to upload them to various social media outlets and storage apps so you can edit later.

• Sunday July 21st, 2019 (1pm-4pm) "Putting Your Best Foot Forward" LIMIT 10

For athletes who are interested in leadership but don't want to make speeches.

This training will teach the basic etiquette practices for meeting people in group settings like fundraisers and other events.

Athletes will learn how to shake hands, make eye contact, introduce themselves and tell a short bit about their own story. And then ask the people they meet some questions.

They would sit down with someone at the table and go through the basic steps listed above.

A bell will go off and then the athlete rotates through to the next person.

It's akin to speed dating but just with a very short elevator speech.

You can register for all courses at https://www.surveymonkey.com/r/July2019Training

Medical Volunteers...Join the Team!

Our Medical Team is looking for a few additional volunteers to join the medical team. Volunteers must have a valid medical credential (EMT, Nurse, Doctor) and be willing to provide volunteer medical support at both state and local competitions. If you know someone ready to volunteer, please have them email Pam Greenwood, SOMD Medical Coordinator (medicaldir@somd.org) OR direct them to the Medical Team VolunteerHub page at www.medicalteam.somd.volunteerhub.com.

Area Memo Open to Area Announcements

Do you have an upcoming event that you'd like to announce, a volunteer that deserves a special shout out, or maybe a recent 'win' for your program that you'd like to share with other area programs. Your contributions to the Area Memo are welcomed and appreciated! Please send any announcements that you'd like included in the Area Memo to Danielle Weddle (dweddle@somd.org).

(UPDATED) Pre-Season and Pre-Competition Webinars

The dates and time for Pre-Season and Pre-Competition webinars have been set for the upcoming seasons. Please share this info with your coaches and sports volunteers.

Pre-Season Coaches Webinars

Sport	Date/Time	Registration / Recording Link			
Bowling	Thu 8/15	https://attendee.gotowebinar.com/register/6632742720473931789			
DOWIIIIg	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/6632742720473931769			
Cycling	Tue 8/13	https://attendee.gotowebinar.com/register/3107056431428835341			
Cycling	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/5107050451428855541			
Distance	Wed 8/14	https://attendee.gotowebinar.com/register/9041148173666400012			
Running	8:00 p.m.	Tittps://attendee.gotowebinar.com/register/90411481/3000400012			
Flag Football	Thu 8/15	https://attendee.gotowebinar.com/register/3726790663884673803			
riag ruutbali	8:00 p.m.	Tittps://attendee.gotowebinar.com/register/5/20/900038640/3803			
Golf	Wed 7/17	https://attendee.gotowebinar.com/register/8278003541106063628			

	7:00 p.m.	
Kayaking	Thu 5/23	Recording: https://www.youtube.com/watch?v=R1sg02Cr5ho&feature=youtu.be
Powerlifting	Wed 8/14	https://attendee.gotowebinar.com/register/8467738566130042380
Powerlifting	7:00 p.m.	Tittps://attendee.gotowebillar.com/register/6467736306130042360
Soccer	Wed 8/21	https://attendee.gotowebinar.com/register/3189719915646348555
Soccer	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/5189/19915040548555
Tennis	Tue 8/13	https://attendee.gotowebinar.com/register/2609976021622345739
Termis	8:00 p.m.	Tittps://attendee.gotowebinar.com/register/2009970021022545759

Pre-Competition Coaches Webinars

Sport	Date/Time	Registration / Recording Link					
Bowling -	Tue 11/05	https://attendee.gotowebinar.com/register/4167640949535073805					
Regionals	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/4107040343333073803					
Bowling -	Tue 12/03	https://attendee.gotowebinar.com/register/2784322280885929485					
Championship	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/2764322280863323463					
Cycling	Tue 10/15	https://attendee.gotowebinar.com/register/729198709130645773					
Cycling	7:00 p.m.	ittps://attendee.gotowebinar.com/register/723138703130043773					
Distance	Wed 10/09	https://attendee.gotowebinar.com/register/8209744759742188300					
Running	8:00 p.m.	ittps://attendee.gotowebinar.com/register/8203744733742188300					
Flag Football	Tue 10/08	https://attendee.gotowebinar.com/register/360674298355497739					
r lag i ootball	8:00 p.m.	intips.//attendee.gotowebinar.com/register/3000/4256333457735					
Golf	Thu 9/19	https://attendee.gotowebinar.com/register/3142645423136427020					
G011	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/5142045425150427020					
Kayaking –	Tue 8/06	https://attendee.gotowebinar.com/register/100377015106936588					
Pre-trails	7:00 p.m.	https://attendee.gotowebmar.com/register/100377013100330300					
Kayaking –	Tue 8/20	https://attendee.gotowebinar.com/register/125703163931242508					
Pre-Finals	7:00 p.m.	https://attendee.gotowebmar.com/register/123703103331242300					
Powerlifting	Wed 10/09	https://attendee.gotowebinar.com/register/7231578533742419724					
1 Ower III tillig	7:00 p.m.	Tittps://attendee.gotowebinar.com/register/7251576555742415724					
Soccer	Thu 10/10	https://attendee.gotowebinar.com/register/3374712747019729419					
JULLEI	7:00 p.m.	Tittps.//attendee.gotowebiliar.com/register/55/4/12/4/019/29419					
Tennis	Tue 10/08	https://attendee.gotowebinar.com/register/3414913091154440971					
10111113	7:00 p.m.	Tittps.//attendee.gotowebinar.com/register/34143130311344403/1					

Community Sports Registration Deadlines Set Through End of 2019

Registration Deadlines for community sports through the end of 2018 have been set and are incorporated into the Sports Calendar included with this email. They are summarized below for your convenience as well.

Event/Sports	State Championship Training Registratio		Outstanding Forms	Competition Registration
Kayaking	8/24/2019	7/11/2019	7/18/2019	8/1/2019
Golf	9/29/2019	8/15/2019	8/22/2019	9/5/2019
Fall Sports Festival (cycling, distance running, flag football, powerlifting, tennis)	10/19/2019	8/29/2019	9/10/2019	10/3/2019
Soccer	10/27/2019	8/29/2019	9/26/2019	10/3/2019
Bowling – Regionals	11/10/2019	0/22/2010	10/2/2010	10/17/2019
Bowling - Championships	12/08/2019	9/23/2019	10/3/2019	11/28/2019

Sports Directors – Assigned Sports

As reviewed during the Area Leader webinar and in-person meeting in mid-July, SOMD HQ has undergone some staff restructuring in support of driving the developing strategic initiative of improved and increased sports programming and competitions as well as building the capacity for overall growth in the number of athletes we serve. One step in the process was the change in the role of the former "Regional Sports Directors" into positions focused strictly on sports programming. Here is their contact information and their sport assignments (some have changed)

Melissa Anger, Sports Director

- o manger@somd.org, 410.242.1515 x122
 - Basketball
 - Cheerleading
 - Flag Football
 - Soccer
 - Softball
 - Tennis
 - Locally Popular Sports: Cross Country Skiing, Duckpin Bowling

Zach Cintron, Sports Director

- o zcintron@somd.org, 410.242.1515 x161
 - Bowling (10 pin)
 - Cycling
 - Kayaking
 - Snowshoeing
 - Swimming
 - Locally Popular Sports: Figure Skating, Sailing, Short Track Speed Skating, Volleyball

• TBD, Sports Director

- sbennett@somd.org, 410.242.1515 x102
 - Alpine Skiing
 - Athletics
 - Bocce
 - Distance Running
 - Golf
 - Powerlifting
 - Locally Popular Sports: Dance, Equestrian Sports, Floor Hockey

Questions?

If You Have Any Questions on Any Other Non-Sports-Related Issues, please contact a member of the new Local Program Development department for assistance

• Jeff Abel, Vice President of Local Program Development

- o jabel@somd.org, 410-242-1515 ex. 121
- o All Areas with the exception of the Baltimore Region and Western Maryland

• Pat Cullinan, Northern Chesapeake Region Director

- o pcullinan@somd.org, 410-242-1515
- Harford, Cecil, and Kent Counties

• Ron Freeman, Baltimore City Coordinator (on leave through August 12, 2019)

- o rfreeman@somd.org, 410.598.1027
- o Baltimore City

- Ryan Kelchner, AmeriCorps Western Region Coordinator
 - o <u>rkelchner@somd.org</u>, 410-242-1515
 - o Western Maryland (Frederick, Washington, Allegany, and Garrett Counties)

Туре	Event	Location	Facility	Competition Date(s)	Pre-Season Webinar Date(s)	Pre-Competition Webinar Date (s)	Training Registration Deadline (in GMS)**	Last Date To Submit Missing Forms**	Competition Registration Deadline (in GMS)**
Community	Kayaking Time Trials (Required)	Chestertown, MD	Washington College	8/10/2019	5/23/2019	8/6/2019	7/11/2019	7/18/2019	8/1/2019
Community	Kayaking Championships	Chestertown, MD	Washington College	8/24/2019	5/25/2019	8/20/2019	7/11/2019	7/16/2019	0/1/2019
Community	2019 Golf NIT	Nashville, TN	TBD	9/22-25/19	NA	NA			
Community	Golf Championship	Queenstown, MD	Queenstown Harbor Golf Course	9/29/2019	7/17/2019	9/19/2019	8/15/2019	8/22/2019	9/5/2019
Community	Fall Sports Festival (Cycling, Distance Running, Flag Football, Powerlifting, Tennis)	Emmitsburg, MD	Mount St. Mary's University Fort Richie (Cycling)	10/19/2019	Cycling: 8/13 Dist. Run: 8/14 Flag Football: 8/15 Powerlifting: 8/14 Tennis: 8/13	Cycling: 10/15 Dist. Run: 10/09 Flag Football: 10/08 Powerlifting: 10/09 Tennis: 10/08	8/29/2019	9/10/2019	10/3/2019
Community	Soccer Tournament	Fruitland, MD	Crown Sports Center	10/27/2019	8/21/2019	10/10/2019	8/29/2019	9/26/2019	10/3/2019
IUS	Unified Tennis Championships	Towson, MD	Loyola University	11/5/2019	TBD	TBD	TBD	TBD	TBD
Community	Bowling - Regional Tournaments	Various locations	Various locations	11/10/2019	8/15/2019	11/5/2019	9/23/2019	10/3/2019	10/17/2019
Community	Bowling - State Championships	Gaithersburg, MD	Bowl America Gaithersburg	12/8/2019	6/15/2019	12/3/2019	9/23/2019		11/28/2019
Community	Winter Games - On-Snow Training #1	Mercersburg, PA	Whitetail Resort	1/11/2020	NA	NA	TBD	TBD	TBD
IUS	Unified Strength & Conditioning	Wye Mill, MD	Chesapeake College (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
IUS	Unified Indoor Bocce	Hagerstown, MD	Hagerstown Comm Coll (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
Community	Winter Games - On-Snow Training #2	Mercersburg, PA	Whitetail Resort	2/8/2020	NA	NA	TBD	TBD	TBD
Community	Winter Games - Time Trials and Winter Games	Mercersburg, PA	Whitetail Resort	2/23-25/2020	Alpine: 11/26 Snowsh. TBD	Alpine: 2/17 Snowsh. TBD	TBD	TBD	TBD
Community	Basketball Tournament	TBD	TBD	TBD	TBD	TBD	TBD	TBD	TBD
IUS	Unified Outdoor Bocce	Chestertown, MD	Washington College (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
IUS	Unified Team Track & Field	Hyattsville, MD	PG Sports & Learning (tentative)	TBD	TBD	TBD	TBD	TBD	TBD
Community	2020 Summer Games	Towson, MD	Towson University and Cockeysville Middle School	6/5-7/2020	Athletics: TBD Bocce: TBD Cheerleading: TBD Softball: TBD Swimming: TBD	Athletics: TBD Bocce: TBD Cheerleading: TBD Softball: TBD Swimming: TBD	TBD	TBD	TBD
each multi-sport If you have any o Director: - Melissa Anger - Zach Cintron (z - TBD (sbennett(ditions? h Resource Page on SOMD.org (https://www.somd.org/h t event. As resources get continually added to these page questions regarding this calendar, additions of local/region (manger@somd.org): Basketball, Cheerleading, Flag Foo cointron@somd.org): Bowling, Cycling, Kayaking, Snowsh @somd.org in interim): Alpine Skiing, Athletics, Bocce, Die (cmaronek@somd.org): All Interscholastic Unified Sports	s, the answers to most of onal competitions, or any tball, Soccer, Softball, Ten noeing, Swimming stance Running, Golf, Pov	your questions can be found there. To other sports related issue, please contact the		**These are the dates by wh information to their Area Led any way in a Special Olympio without an up-to-date volun	adership a minimum of one w cs program without an up-to- teer application and complet Idlines for Coaches to have co	reek prior to these dates t date medical; no volunte ed background screening	to allow for timely submis er may participate in any .)	SOMD HQ. Coaches must have this sion. (No athlete may participate in way in a Special Olympics program ach Certification and to have

	2019 Spe	ecial Olympic	cs Maryland Sports an	d Competit	ion Calendar	- UPDATED 07/05/2019
			2019 Coach Educati	on & Developn	nent Events	
Date	Course/Sport	Location	Facility	Comments		To Register
7/9/2019	Soccer "Master Coaches" Training Webinar	Webinar	Webinar	7:00p	m-9:00pm	https://attendee.gotowebinar.com/register/2363903117712189709
7/11/2019	Flag Football Coaches Training Webinar	Webinar	Webinar	7:00pm-9:00pm		https://attendee.gotowebinar.com/register/8449113937754715917
7/13/2019	Bowling In-Person Coaches Training	Frederick	Terrace Lanes	11:00am-2:00pm		https://www.surveymonkey.com/r/JWLNQFH
7/14/2019	Tennis In-Person Coaches Training	College Park	JTCC	3:00 - 4:30 p.m.		https://www.surveymonkey.com/r/19TNTrainings
7/27/2019	Coaching Special Olympics Athletes	Baltimore	SOMD Headquarters	9:30 a.m 1:00 p.m.		https://www.surveymonkey.com/r/CSOAQ3
7/28/2019	Flag Football In-Person Coaches Training	Frederick	Emerald Farms Park	10:00am-1:00pm		https://www.surveymonkey.com/r/19FFTrainings
8/4/2019	Bowling In-Person Coaches Training	Gaithersburg	Bowl America	10:00a	am-2:00pm	https://www.surveymonkey.com/r/VB88B7M
8/17/2019	Coaching Special Olympics Athletes	Baltimore	SOMD Headquarters	9:30 a.m	n 1:00 p.m.	https://www.surveymonkey.com/r/CSOAQ3
	Areas Interested in Hosting Coach Training Even	ts - Pieuse Contact the	2019 Area / Regional /	District Compe	etions & Events	
Туре	Event	Location	Facility	Competition Date(s)	Sport	Notes
Community	MO Kayaking Competition	Clarksburg	Black Hill Regional Park	7/20/2019	Kayaking	MO only (200)
Community	AA Kayaking Competition	Millersville	Arlington Echo	7/27/2019	Kayaking	AA only (100, 200, 500, 1000)
Community	KE Kayaking Competition	Chestertown	Hodson Boathouse - WA College	8/3/2019	Kayaking	Limited openings for other programs - Contact Jack Brosius (jack.rosincreek@gmail.com)
Community Community	KE Kayaking Competition SM Golf Competition	Chestertown Mechanicsville	Hodson Boathouse - WA College Wicomico Shores	8/3/2019 8/11/2019	Kayaking Golf	Limited openings for other programs - Contact Jack Brosius (jack.rosincreek@gmail.com) Waiting for Sanction Form
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Community	SM Golf Competition	Mechanicsville	Wicomico Shores	8/11/2019	Golf	Waiting for Sanction Form
Community Community	SM Golf Competition SM Golf Competition	Mechanicsville Patuxent River	Wicomico Shores Cedar Point - Naval Base	8/11/2019 8/17/2019	Golf Golf	Waiting for Sanction Form Need list of attendees well in advance - must be US Citizen (since on Naval base)
Community Community Community	SM Golf Competition SM Golf Competition AA Golf Competition	Mechanicsville Patuxent River Pasadena	Wicomico Shores Cedar Point - Naval Base Compass Pointe	8/11/2019 8/17/2019 8/18/2019	Golf Golf Golf	Waiting for Sanction Form Need list of attendees well in advance - must be US Citizen (since on Naval base) Level 1-5
Community Community Community Community	SM Golf Competition SM Golf Competition AA Golf Competition HO Golf Competition	Mechanicsville Patuxent River Pasadena Columbia	Wicomico Shores Cedar Point - Naval Base Compass Pointe Fairway Hills	8/11/2019 8/17/2019 8/18/2019 8/24 or25/19	Golf Golf Golf Golf	Waiting for Sanction Form Need list of attendees well in advance - must be US Citizen (since on Naval base) Level 1-5 Waiting for Sanction Form
Community Community Community Community Community	SM Golf Competition SM Golf Competition AA Golf Competition HO Golf Competition MO Golf Competition	Mechanicsville Patuxent River Pasadena Columbia Mt. Airy	Wicomico Shores Cedar Point - Naval Base Compass Pointe Fairway Hills Rattlewood	8/11/2019 8/17/2019 8/18/2019 8/24 or25/19 9/1/2019	Golf Golf Golf Golf Golf	Waiting for Sanction Form Need list of attendees well in advance - must be US Citizen (since on Naval base) Level 1-5 Waiting for Sanction Form Level 1 (limit of 50) /Limit of 17 tee times (3 teams per tee time)
Community Community Community Community Community Community Community	SM Golf Competition SM Golf Competition AA Golf Competition HO Golf Competition MO Golf Competition HO Golf Competition	Mechanicsville Patuxent River Pasadena Columbia Mt. Airy Ellicott City	Wicomico Shores Cedar Point - Naval Base Compass Pointe Fairway Hills Rattlewood Turf Valley	8/11/2019 8/17/2019 8/18/2019 8/24 or25/19 9/1/2019 9/7/2019	Golf Golf Golf Golf Golf Golf	Waiting for Sanction Form Need list of attendees well in advance - must be US Citizen (since on Naval base) Level 1-5 Waiting for Sanction Form Level 1 (limit of 50) /Limit of 17 tee times (3 teams per tee time) Levels 2-5 (20 tee times)

5/2/2020

Athletics

HO Athletics Competition

TBD

TBD

Community

2019 Event Calendar



2019 MSP Polar Bear Plunge January 24th, 25th & 26th 2019 Sandy Point State Park www.plungemd.com

2019 Deep Creek Dunk February 23rd 2019 Deep Creek Lake www.dunkmd.com

2019 Winter Games February 24th – 26th 2019 Whitetail Resort www.somd.org

2019 Basketball Tournament March 30th – 31st 2019 Hood College and FCPS Sites www.somd.org

2019 Summer Games June 7th – 9th 2019 Towson University www.somd.org

2019 Kayaking Championships August 24th 2019 Washington College www.somd.org

11th Annual Big Bats Open September 26th 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

State Golf Championships September 29th 2019 Queenstown Harbor Golf, Queenstown Md www.somd.org

11th Annual Tunnel Run October 6th 2019 Fort McHenry Tunnel Baltimore, Md www.tunnelrun.org Fall Sports Festival October 19th 2019 Mount St. Mary's University, Emmitsburg, Md www.somd.org

6th Annual Maryland Rockfish Open October 26th 2019 Mike's Crabhouse South-Riva www.somd.org

State Soccer Tournament October 27th 2019 Crown Sports, Fruitland Md www.somd.org

Over The Edge November 2nd 2019 Bethesda, Md www.somd.org

Interscholastic Unified High School Team Tennis November 2019 Loyola University www.somd.org

State Regional Bowling Tournaments November 10th 2019 Various Locations in Maryland www.somd.org

State Bowling Championships December 8th 2019 Bowl America, Gaithersburg, Md www.somd.org

St. Mary's Splash December 2019 Point Lookout State Park, Scotland, Md www.somd.org